

Executive Summary



**One
Utah Health
Collaborative**

THE CHALLENGE

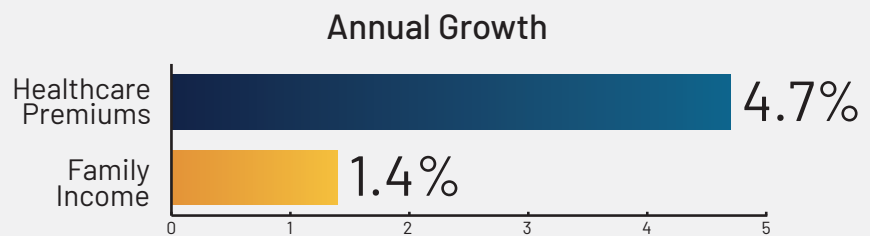
In 2023, a global report outlined that the U.S. spends more on healthcare than any other high-income country. However, it also revealed that the U.S. has the lowest life expectancy at birth and the highest rate of people with multiple chronic diseases.

Utah healthcare spending is rising and outcomes are not improving

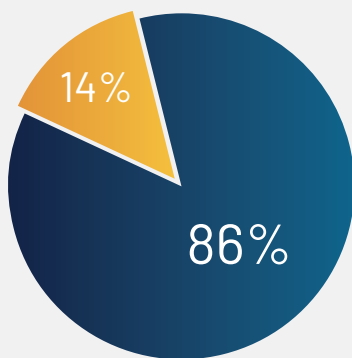


highest healthcare spending growth per capita in the nation*

Healthcare premiums for Utah families are increasing 3x faster than the rate of family income



Source: Kem C. Gardner Policy Institute



86% of Utahns worry about affording healthcare in the future

Source: Healthcare Value Hub, Data Brief 2023

While Utah is seen as a healthy and affordable state, our healthcare system requires immediate action to ensure long-term sustainability.

*Healthcare expenditures include spending for all privately and publicly funded personal health care services and products. Data does not indicate it is inflation-adjusted. Source: Centers for Medicare & Medicaid Services, Office of the Actuary, National Health Statistics Group. National Health Expenditure Data: Health Expenditures by State of Residence, August 2023.



Gov. Cox Holds Signing Event for the One Utah Health Collaborative

THE SOLUTION: THE ONE UTAH HEALTH COLLABORATIVE

2022

Gov. Spencer Cox launched the One Utah Health Collaborative (the Collaborative) to improve the trajectory of healthcare in the state. The Collaborative, a 15-year initiative and community-owned 501c3 nonprofit, has laid a foundation to reduce healthcare spending by using a consensus-based approach centered around collaboration and innovation.

2023 and Beyond

The Collaborative will announce a statewide healthcare spending growth target. An established target has proven to slow the rate of healthcare spending through data measurement, transparency, cost growth mitigation strategies, public engagement, and accountability.

Utah's target will be established in a multi-stakeholder, consensus-based approach. Working with the Kem C. Gardner Policy Institute to determine methodology, the target will be tied to economic indicators like inflation, income, and state economic output. The Collaborative will conduct and distribute cost driver analyses to all stakeholders, assist in spending reduction plans, and aid public reporting of results to reach the target.

OUR WORK



Align the
Community



Commit
to Action



Accelerate
Innovation

THE INVESTMENT

The below budget items support the Collaborative’s efforts to establish a healthcare spending growth target, analyze necessary cost drivers and ROI, and conduct market research. These expenses represent larger state investments and do not reflect the entire budget request.

ESTABLISH TARGET	COST DRIVER ANALYSIS	ROI ANALYSIS	MARKET RESEARCH
<ul style="list-style-type: none"> Finalize Utah’s target Establish definition of total healthcare spending Outline data collection process Recommend options for implementation and options for provider attribution methodologies Report on performance against target 	<ul style="list-style-type: none"> Design of data infrastructure and resources Strategy development to promote best practices to healthcare stakeholders Educational materials such as videos and webinars Initial report on substandard utilization and unit costs based on available data 	<ul style="list-style-type: none"> Individualized innovation ROI reports Action recommendations Educational materials 	<p>Phase 1:</p> <ul style="list-style-type: none"> Qualitative Analysis: Four in-depth listening and research sessions Quantitative Analysis: Survey conducted among 1,000 Utah adults <p>Phase 2:</p> <ul style="list-style-type: none"> Vision drafting to create guiding principles Stakeholder feedback sessions to engage support for Collaborative’s vision

THE FUTURE

Utah’s healthcare spending is not sustainable. With a statewide target, we are taking the first step toward necessary change. Our areas of focus for this 15-year initiative include:

7.2 billion in savings

After implementing a healthcare spending growth target, one state saw a reduction in commercial insurance growth which they estimated to be \$7.2 billion in savings over roughly five years when compared to the U.S. commercial insurance growth rate.

- **Low-Value Care**
- **Technological Solutions**
- **Data Interoperability**
- **Administrative Inefficiencies**
- **Enhanced Care Coordination**
- **Prevention**



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